

**Empowerment Healing Module for Stress, Fear,
Downer Emotions, Scarcity Consciousness,
Self Sabotage and Addictions**



William M. Austin, III

A Little Bit About Me...

My name is Bill Austin and I am a spiritual healer, teacher, artist, writer and visionary living in St. Petersburg, FL in the United States. The first thirty years of my life were fairly conventional. I grew up in a very stable and conservative family in central Virginia. My father was a school teacher and my mother was a nurse who quit working when I was born. I was the oldest of three children and have a younger brother and sister.

I am very bright and always did well in school. I graduated from William and Mary in 1983 with a degree in Economics and got a job with the federal government in Washington, DC as an economist with the Bureau of Labor Statistics. After a few years of working for Uncle Sam, I decided to enter law school in August of 1987 and graduated from the University of Virginia's School of Law in May of 1990.

During the month I began studying law at UVA, a very important event occurred on the planet called Harmonic Convergence. During Harmonic Convergence humanity was basically surveyed on the spiritual planes and asked, **“Do you want to ascend with the planet or do you want to continue the lessons here on a different time space continuum elsewhere?”** Much to the surprise of almost everyone, humanity chose to ascend with the planet. This decision irrevocably changed the course of my life.

The first wave of mass awakening occurred in 1987. Many starseeds had their lives totally rearranged in response to the collective decision made by humanity. When a world chooses to ascend, many cosmic dispensations of grace occur for people who are willing to help out. The first wave of awakening largely woke up the starseeds like me who are highly evolved souls from other time space continuums that have incarnated on Earth to assist humanity and the planet to ascend. Since 1987 millions of Indigo and Crystalline Christ children have chosen to incarnate here as well and will change the world in ways that most of us cannot envision at this time.

In 1987, I had no clue what the Harmonic Convergence was about. If someone had told me about it, I probably would not have believed them at that time. It would have sounded crazy and weird to me. But what happened to me was that law school no longer served my highest good. I had several gentle wakeup calls that maybe I should be doing something else with my life, but totally blew them off. I paid a large energetic price for doing so. I am very tenacious and stubborn and stuck it out and graduated. I was one of a handful of students at UVA to graduate without a job and developed insomnia my second year because I was so stressed.

Up until that point I had lived a magical life. Everything I wanted came easily to me and all that was taken away. I moved to Philadelphia and developed back problems and then the legal job market there collapsed. I tried everything under the sun to heal my insomnia and nothing worked. During the process of living with insomnia for over ten years, I lost a lot of my faith in doctors and the medical establishment. I was in a really bad place and nothing they did helped me. One of the main reasons I became a

spiritual healer is that spiritual healing addresses the root cause of imbalances rather than trying to patch up and deal with the effects of them.

In the midst of all this chaos on so many levels of my life, I experienced a spiritual awakening on a Greyhound bus going from Washington, DC to Philadelphia in 1991. It felt like a million watts of love going into a ten watt vessel. It only lasted twenty minutes or so but to me it felt like a lifetime. I felt like I was being rewired and emerged from this experience a very different person. A lot of things that used to be important like money, careers, status and education no longer meant anything to me at all. I had encountered the vast potential of who I was and all that stuff just felt irrelevant.

A few days after the bliss wore off, I began to worry that this was the first sign that I was going mad with sleep deprivation. I did not tell anyone about this experience for many years. Later on I studied the writings of the great mystics and realized that what I had encountered was a mystical experience that others had gone through. I deeply resonated with the mystic teachings around Practicing the Presence and the Dark Night of the Soul.

Insomnia led me to the spiritual path. I read somewhere that meditation helped some people handle the effects of prolonged sleep deprivation, so I checked out a huge stack of meditation books from the library and found the simplest way possible. To my deep shock, daily meditation helped me coexist with sleep deprivation and guided me toward a spiritual path.

Over a two year period I read hundreds of self help and psychology books and stumbled into channeled books and the New Age. I loved the series of channeled books by Sanaya Roman. I liked her books so much that in 1991 I learned how to channel and actually had great success with it. For a month or two I seriously considered the possibility of becoming a professional channel but chose not to. Looking back on it now I realize that the only being I have ever wanted to channel or bring in was the highest level aspect of my monad—which is the soul of my soul.

I was on the spiritual path for about ten years when I first felt drawn to begin working with other people. I was irritated about the whole thing because by then I had a good job that I enjoyed and was making lots of money and had benefits. But the call to heal got so strong that I began to cave in. I got attuned for Usui Reiki by one of my spiritual teachers in late 1999 and took my first energy healing class in early 2000. In June 2003, I quit my secure state job to work as a healer full time. I downloaded the Practical Mastery™ healing modality in 2005 and the Mastery Sequences in 2006. In 2006, I started encoding healing and enlightenment energies into paintings. In 2007, I commenced working with Anita Briggs on Inner Mastery Tools. In 2008, I downloaded hundreds of Heart Oriented Ascension activations and began working on Feng Shui manuals with Monica Castaneda. In 2009, I created a children's book with Maria Bowling and I launched this series of spiritual healing books. As I create these books, I feel myself upgrade, so I know that they will be very powerful. My intent is that these books will provide a space of healing and expansion for all who are drawn to them.

About My Line of Healing Image Books

Over the last eighteen years I have been consciously walking a spiritual path and encountered lots of people who are very intent and focused on growing. I feel that often their lives are out of balance since they focus so much on growth for the sake of growth. Many of them feel so heavy to me that I find it hard to be around them. It is my intent, vision and hope that this line of healing image books will help people to heal, grow, evolve and expand in a fun, joyful and playful manner with lots of ease and grace.

My passion in life is really about mastery—helping people to apply spiritual principles and universal laws to create a life that works. An important part of mastery for me is about finding ways to help other people with a minimal investment of my personal time and energy. I highly value my time and am always seeking ways to utilize it more effectively. I also use my interest in technology to get my work out to the people who resonate with it. This interest in broadcasting my work is why I created a web page on YouTube in video format (www.YouTube.com/billaustinart).

Printing technology has reached the point that it is fairly easy to self publish so I have reformatted my work for this medium. These books target areas that come up repeatedly whenever I work with clients for the first time. **Each of the images in this book is a healing session.** Many of the images in these books are based on healing sessions I created for my major modalities. I often combine multiple sessions into one image to boost their power and effectiveness. Internet access to some of my most powerful healing video and recordings is available to people who order these books.

As I write this, I am planning to create a series of seven healing image books:

- Bill Austin's Self Help, Clearing and Healing Program
- Energetic Introduction to the Practical Mastery™ Healing Modality
- Energetic Introduction to the Angelic Mastery™ Healing Modality
- Energetic Introduction to Heart Oriented Ascension
- Empowerment Healing Module for Stress, Fear, Downer Emotions, Scarcity Consciousness, Self Sabotage and Addictions
- Empowerment Healing Module for Self Love, Self Esteem, Forgiveness and Relationships
- The Law of Attraction Success Secrets (available in late 2010)

Many of these images contain healing energies and frequencies from some of the healing modalities and tools I have created over the last five years (for more information go to www.BillAustinArt.com). My major tools and modalities at this time are:

- Practical Mastery™ Spiritual Healing and Enlightenment modality
- Angelic Mastery™ Spiritual Healing and Enlightenment modality
- Universal Clearing Profile (most effective tool for clearing I have ever used)
- Crystalline Rainbow Reiki (heart paradigm version of Reiki)
- Blasting Line of Sessions

About the Empowerment Healing Module for Stress, Fear, Downer Emotions, Scarcity Consciousness, Self Sabotage and Addictions

I have been working as a spiritual healer for over ten years and find as I work on myself and others that the same themes come up repeatedly. I believe ***A Course in Miracles*** is accurate in saying that there are two basic emotions—love and fear—and the key to creating a life that works is by transforming fear into love. There is a lot of fear, anxiety and stress on the planet—especially around money, employment and relationships.

The amount of stress rises and continues to rise as Earth ascends. Much of the heightened stress we all experience originates from resistance to change. Change occurs at a hugely accelerated rate as the planet releases dense negative energies and raises its vibration to move more deeply into the Heart Paradigm. A lot of financial chaos and the collapse of the financial and commodity markets occurred largely because banks, financial organizations and many large companies are not oriented in love and no longer in sync with the planet and the emerging Heart Paradigm.

People who wish to stay on the planet as it evolves have to shift as well. Humanity does not handle change very gracefully. Our deep-rooted resistance to change just prolongs the process and makes it much harder. The medical response to this has been to prescribe antidepressants, anxiety and blood pressure medications which treat the symptoms and effects rather than the underlying cause and source.

When I ask and meditate as to what the biggest planet-wide problems are, usually fear, self sabotage and addictions come up. Several of my YouTube presentations (www.YouTube.com/BillAustinArt) are about healing addictions because the angels are very concerned about them. Addictions are almost always sourced in patterns of emotional trauma, wounding and suffering. The underlying source of stress, self sabotage, scarcity consciousness, depression and other downer emotions is usually fear.

I created this book help people to release their deep levels of fear, stress, depression, scarcity consciousness, self sabotage and addictions. This book contains forty powerful healing images based on my major healing modalities to help people release limitations, realize more of their full potential, and enhance the quality of their daily lives.

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The Elohim are the great beings and energetic counterparts to Angels that work with translating the energies of the un-manifested reality of the VOID into the material, manifested plane of reality. The Divine Mother represents the divine feminine or Mother/Goddess aspect of the Creator. Practical Mastery™, Angelic Mastery™ and Crystalline Rainbow Reiki are three of Bill Austin’s major healing modalities.

Recommended Use

You may want to keep this book with you throughout the day. I encourage you to look at the images several times a day at least for the first few weeks. A great practice would be to look at the images in the book first thing when you wake up, during your lunch hour and the last thing before you go to sleep.

Check Out Bill Austin's Healing Products!



Infinite Abundance and Success Elixir Mug



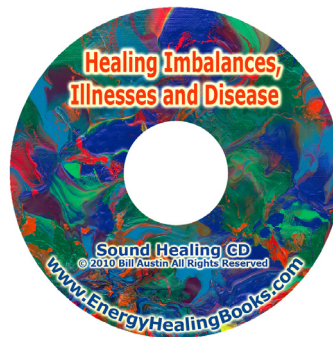
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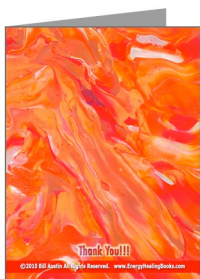
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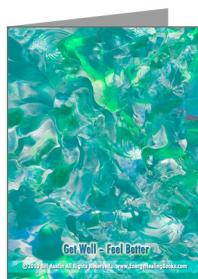
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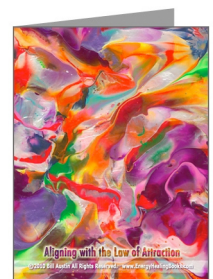
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Be Well - Feel Better Note Card



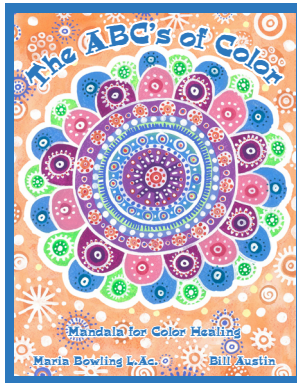
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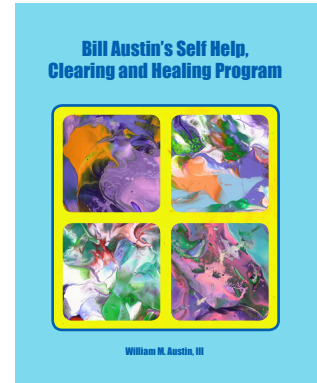
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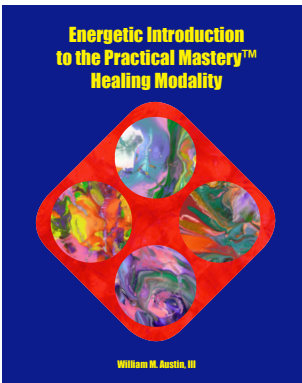
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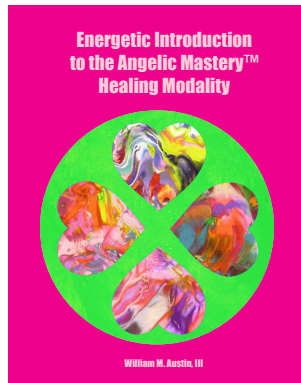
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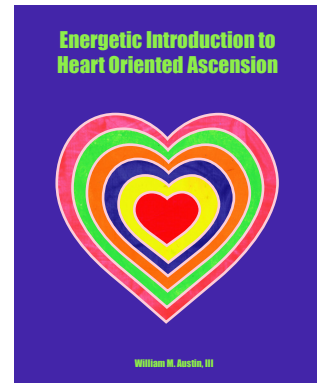
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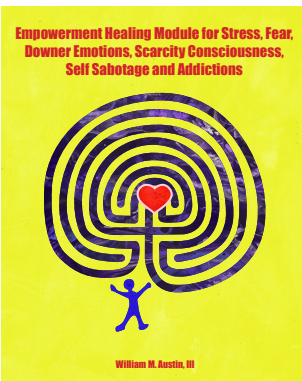
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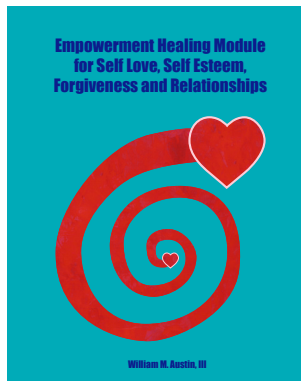
Energetic Introduction to the Angelic Mastery™ Healing Modality



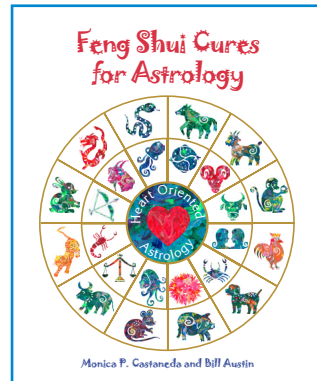
Energetic Introduction to Heart Oriented Ascension



Empowerment Healing Module for Stress, Fear, Downer Emotions, Scarcity Consciousness, Self Sabotage and Addictions



Empowerment Healing Module for Self Love, Self Esteem, Forgiveness and Relationships



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