

Energetic Introduction to Heart Oriented Ascension



William M. Austin, III

Greetings! My name is Bill Austin and I would like to **thank you** for ordering a copy of my book! **I am sure that you will enjoy it!**

How to Work with the Images

As you look at each image, focus on how you feel as you look at it. The images you most enjoy will probably be ones where you are already energetically strong in or the ones that are most relevant to what is going on in your life. Take note of the ones that make you feel uncomfortable because that usually means that you are energetically weak in those areas and that is why you feel discomfort as you look at them. These are the images you want to work with daily for a while. The important thing is to play with the images and have fun!

It takes around three to four weeks for people to fully absorb the energies that are encoded in each image. So keep this book where you can access it throughout the day and look at the images often for a month or so. Every time you look at an image, you will receive healing from it. For some of these books, I have created video and/or audio recordings to help you absorb and integrate the coding of the images.

Receive Free Health, Wealth & Success Articles Each Week

When you sign up for my newsletter, each week you will receive one of the Mastery Training Module articles I created about healing, manifesting, the Law of Attraction, empowered living and spiritual growth. Most of these modules contain a healing image or a link to a free energy healing session to enhance the quality of your life.

In addition, you will receive an email message from me every two to three days that contains a short, sweet and simple two to three paragraph long tip on healing, manifestation and spiritual growth. You can join my newsletter just by going to the web site url below and signing up in the left hand side of the page.

FREE HEALING RESOURCES

-  **43 Free Weekly Healing Articles.**
-  **Blasting Fear, Stress, Insomnia, Addictions...**
-  **Clear YOUR Top Ten Money Blocks!**
-  **Download 21 Universal Healing Images.**
-  **Receive 22 Spiritual Healing Sessions.**

[**www.HealingReikiMaster.com/free.html**](http://www.HealingReikiMaster.com/free.html)

A Little Bit About Me...

My name is Bill Austin and I am a spiritual healer, teacher, artist, writer and visionary living in St Petersburg, FL in the United States. For the first thirty years of my life I led a fairly conventional life. I grew up in a very stable and conservative family in central Virginia. My father was a school teacher and my mother was a nurse who quit working when I was born. I was the oldest child of three children and I have a younger brother and sister. I have always been extremely introverted and inner motivated and driven.

I am very bright and I always did well in school. I graduated from William and Mary in 1983 with a degree in Economics and got a job with the federal government in Washington DC as an economist with the Bureau of Labor Statistics. After a few years of working for Uncle Sam, I decided to enter law school in August of 1987 and I graduated from the University of Virginia's School of Law in May of 1990.

During the month I began studying law at UVA, a very important event occurred on the planet called Harmonic Convergence. During Harmonic Convergence humanity was basically surveyed on the spiritual planes and asked **“Do you want to ascend with the planet or do you want to continue the lessons here on a different time space continuum elsewhere?”** Humanity chose to ascend with the planet much to the surprise of almost everyone and this decision irrevocably changed the course of my life.

The first wave of mass awakening occurred in 1987 and many starseeds like myself had their lives totally rearranged in response to the collective decision made by humanity. When a world chooses to ascend, a lot of cosmic dispensations of grace occur for people who are willing to help out. The first wave of awakening largely woke up the starseeds like myself who are highly evolved souls from other time space continuums that have incarnated on Earth to assist humanity and the planet to ascend. Since 1987 millions of Indigo and Crystalline Christ children have chosen to incarnate here as well and they will change the world in ways that most of us cannot envision at this time.

I had no clue what the Harmonic Convergence thing was about in 1987 and if someone had told me about it, I probably would not have believed them at that time. It would have sounded crazy and weird to me. But what happened to me is that the law school thing no longer served my highest good. I had several gentle wakeup calls that maybe I should be doing something else with my life, but I totally blew them off and I paid a large energetic price for doing so. I am very tenacious and stubborn and I stuck it out and graduated. I was one of a handful of students at UVA to graduate without a job and I developed insomnia my second year because I was so stressed.

Up until that point I had lived a magical life. Everything I wanted I got and it came easily to me and all that was taken away. I moved to Philadelphia and developed back problems and then the legal job market there collapsed. I tried everything under the sun to heal the insomnia thing and nothing worked, And during the process of living with insomnia for over ten years, I lost a lot of my faith in doctors and the medical establishment because I was in a really bad place and nothing they did helped me. One of the main reasons, I became a

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spiritual healer is that I feel that spiritual healing addresses and heals the root cause of imbalances rather than trying to patch up and deal with the effects of them.

In the midst of all this chaos on so many levels of my life, I experienced a spiritual awakening on a Greyhound bus going from Washington DC to Philadelphia in 1991. It felt like a million watts of love going into a ten watt vessel. It only lasted twenty minutes or so but to me it felt like a lifetime. I felt like I was being rewired and I emerged from this experience a very different person. A lot of things that used to be important to me like money and careers and status and education no longer meant anything at all to me. I had encountered the vast potential of who I was and all that stuff just felt irrelevant.

A few days after the bliss wore off, I began to worry that I was going mad with the sleep deprivation and this was the first sign. I did not tell anyone about this experience for many years. Later on I studied the writings of the great mystics and realized that what I had experienced was a mystical experience that others had gone through. I deeply resonated with the mystic teachings around Practicing the Presence and the Dark Night of the Soul.

Insomnia led me to the spiritual path. I read somewhere that meditation helped some people handle the effects of prolonged sleep deprivation so I checked out a huge stack of meditation books from the library and found the simplest way possible. And much to my deep shock, daily meditation helped me to coexist with sleep deprivation. Daily meditation led me to beginning to follow a spiritual path.

Over a two year period I read hundreds of self help and psychology books and stumbled into channeled books and the New Age. I loved the series of channeled books by Sanaya Roman. I liked her books so much that in 1991, I learned how to channel and I actually had great success with it. For a month or two I seriously considered the possibility of becoming a professional channel but I chose not to. Looking back on it now I realize that the only being I have ever wanted to channel or bring in really is the highest level aspect of my monad – which is the soul of my soul.

I was on the spiritual path for about ten years when I first felt drawn to begin working with other people. I was irritated about the whole thing because by then I had a good job that I enjoyed and was making lots of money and had benefits. But the call to heal got so strong that I began to cave in. I got attuned for Usui Reiki by one of my spiritual teachers in late 1999 and I took my first energy healing class in early 2000. I quit my secure state job to work as a healer full time in June 2003. I downloaded the Practical Mastery™ healing modality in 2005 and the Mastery Sequences in 2006. In 2006, I began encoding healing and enlightenment energies into paintings. In 2007, I began working with Anita Briggs on Inner Mastery Tools. In 2008, I downloaded hundreds of Heart Oriented Ascension activations and began working on Feng Shui manuals with Monica Castaneda. In 2009, I began working with Maria Bowling on a children's book.

I am very excited to launch this series of spiritual healing books. As I create these books, I feel myself upgrade so I know that they will be very powerful. My hope and intent is that these books will provide a space of healing and support for all who are drawn to them.

About My Line of Healing Image Books

Over the last eighteen years I have been consciously walking a spiritual path, I have encountered lots of people who are very intent and focused on growing. I feel that often their lives are out of balance since they focus so much on growth for the sake of growth. Many of them feel so heavy to me that I find it hard to be around them. It is my intent, vision and hope that this line of healing image books will help people to heal, grow, evolve and expand in a fun, joyful and playful manner with lots of ease and grace.

My passion in life is really about mastery – helping people to apply spiritual principles and universal laws to create a life that works. An important part of mastery for me is about finding ways to help other people with the minimal investment of my personal time and energy. I highly value my time and I am always seeking ways to utilize it more effectively. I am also very interested in using technology to leverage getting my work out to the people who resonate with it. My interest in technology is why I created a web page on YouTube to get my work out in video format (www.YouTube.com/billaustinart).

Printing technology has reached the point that it is fairly easy to self publish so I am reformatting my work for this medium. These books target areas that come up over and over again whenever I work with clients for the first time. **Each of the images in this book is a healing session.** Many of the images are based on healing sessions I created for my major modalities that I am placing into these books. I often combine multiple sessions into one image to boost their power and effectiveness. I also am providing internet access to some of my most powerful healing video and recordings to people who order these books.

As I write this, I am planning to create a series of seven healing image books:

- Bill Austin's Self Help, Clearing and Healing Program
- Energetic Introduction to the Practical Mastery™ Healing Modality
- Energetic Introduction to the Angelic Mastery™ Healing Modality
- Energetic Introduction to Heart Oriented Ascension
- Empowerment Healing Module for Stress, Fear, Downer Emotions, Scarcity Consciousness, Self Sabotage and Addictions
- Empowerment Healing Module for Self Love, Self Esteem, Forgiveness and Relationships
- Angelic Love Washes and Healing Modules
- Bill's Blasting and Blessing Book

Many of these images contain healing energies and frequencies from some of the healing modalities and tools I have created over the last five years (for more information go to www.BillAustinArt.com). My major tools and modalities at this time are:

- Practical Mastery™ Spiritual Healing and Enlightenment modality
- Angelic Mastery™ Spiritual Healing and Enlightenment modality
- Universal Clearing Profile (most effective tool for clearing I have ever used)
- Crystalline Rainbow Reiki (heart paradigm version of Reiki)
- Blasting Line of Sessions

Energetic Introduction to Heart Oriented Ascension

About Heart Oriented Ascension

Earth or Gaia as I call prefer to call her is going through a profound spiritual transformation right now as She shifts from the paradigm of the mind to the paradigm of the heart. Since each human being is a cell in the body of Gaia, we all are going through this profound shift and transformation in consciousness as well. As the planet moves deeper and deeper into the Heart Paradigm, humanity will be challenged to shift and upgrade quickly in order to keep up.

It is my intent with this book to help people who resonate with it to upgrade their vibration, to embody the energies I call Heart Oriented Ascension and to align with the Heart Paradigm with much self love, inner peace, joy, ease and grace. Heart Oriented Ascension is an approach to accelerated personal and spiritual growth that is oriented around awakening and activating the multidimensional heart.

Unfortunately, most of humanity has forgotten who they truly are and are out of sync energetically with the planet. Many people in this world are either sleeping or resisting change or some combination of both. In a way humanity will have to go through an accelerated window of change because so many people have fallen behind. The images I created for this book help people to align with the Heart Paradigm so they can live more authentically with love from their heart. As more and more people begin to resonate with the Heart Paradigm, it helps everyone to upgrade and it supports Gaia in her shift as well.

In 2005, I first felt the planet begin to strongly shift out of the mental paradigm and begin to move into the Heart Paradigm. In late 2007, the planet released a lot of dense, less-than-love energies and by early 2008, it felt to me like the planet had anchored herself firmly in the Heart Paradigm. I had downloaded my two major modalities - Practical Mastery™ and Angelic Mastery™ - as the planet was transitioning out of the mind paradigm so I had to upgrade them energetically to be firmly established in the Heart Paradigm.

In early 2008, cosmic dispensations of grace opened up and I was able to download the Universal Clearing Profile, the Creator Heart Alignment Profile, Codes for the Golden Age and the Crystalline Rainbow Reiki™ healing modality because of the planetary shift in consciousness. In March and April of 2008, I began to receive hundreds of downloads of initiations and activations: Heart Activations, Crystalline Grid Alignments, Mastery Activations, Mastery Path Alignments, Templates for Mastery, Starseed and Star-Gate Alignments, etc.

I was in a very spacey and ungrounded place for me during this time and when I asked what was going on, I got that because the planet was firmly anchored in the Heart Paradigm that I could bring in a lot of new energies that could assist humanity and the planet to align with the Heart Paradigm in a deeper and easier way. This new body of work I was bringing in was around Heart Oriented Ascension – helping people to awaken and activate their multidimensional heart.

I created sessions for many of these activations but I realize now that I was being prepared energetically to bring in, embrace, express and embody the energies of Heart Oriented Ascension so that I could create a book to help others to do so as well. As you read this book and look at the images, you are helping to anchor these Heart Oriented Ascension energies on the planet.

I honor appreciate each of you for your vision and commitment to anchoring the energies of the Heart Paradigm on Gaia!

About the Living in the Golden Ages Download Videos for this Book

The main reason why I began offering energy healing services to others was to try to help people to improve their day-to-day lives. I mean the spiritual stuff is great but if the quality of your life is not good then what's the point really. Although I do very esoteric work that is challenging to explain, I am at heart a very pragmatic person. I live in a 3D world and in order to be of service I have to work with what I am immersed in... In late 2005, a big focus of my world service had been working with a wide variety of Sacred Beings and Angels and Councils of Love to bring through some very advanced spiritual activations that I called Mastery Sequences.

When I asked these beings if there was something that we all could bring forth to assist people on this planet in their daily lives, I was given a group of around fifty Living in the Golden Ages sessions. In early 2008, Earth moved more solidly into the Heart Paradigm and I was able to upgrade energetically all of these sessions. People who are drawn to this work are helping to usher in the next Golden Age, the New Age, New Earth, New World, Millennium of Peace, etc.

When I meditated on this body of work and asked for a description here is what I got:
“Living in the Golden Age is a series of healing and enlightenment sessions created specifically for people on Earth to assist in the shifting from the old earth blueprint of separation and fear to a new blueprint that heralds the golden age. By accepting these frequencies, you not only clear and heal yourself, but anchor to the new blueprint of enlightenment. You become the blueprint and operate from it on a daily basis. This will in turn anchor these blueprint energies on this world so that others may choose and align to this blueprint for their mastery.”

As I look back on it, I realize that working with the energies of these Living in the Golden Age sessions prepared and paved the way for me to bring in the Heart Oriented Ascension body of work two years later. When I was meditating as to what would be the best thing to offer people who purchase this book, I saw these five videos that I had created in late 2008 for this line of enlightenment sessions. Download instructions are on page 4 of this book.

About the Videos

Living in the Golden Age Video 1

- Abundance
- Activating and Balancing the Warrior, Healer, Goddess and Magician Within
- Alignment with Life Plan and Purpose
- Alignment with Divine Truth
- Alignment with Divine Will and Timing
- Balancing Being and Doing
- Balancing Body, Heart, Mind and Spirit
- Balancing Feeling and Thinking
- Balancing Sex and Spirit
- Balancing Work and Play

Living in the Golden Age Video 2

- Beauty
- Becoming a Beacon of Love and Light
- Carpe Diem
- Clearing and Purifying Your Ego
- Creating a Life that Works
- Creating Heaven on Earth
- Creativity
- Embodying Oneness
- Emotional Health and Well-Being
- Enhancing Personal Relationships

Living in the Golden Age Video 3

- Expanding into Infinite Potentiality
- Financial Freedom and Independence
- Finding Your Passion and Living It
- Flow
- Forgiveness
- Grace
- Grounding
- Inner Knowingness
- Joy and Emotional Positivity
- Living from the Heart

Living in the Golden Age Video 4

- Balancing Service to Self with Service to Others
- Living Magically
- Mental Health and Well-Being
- Moving Beyond Time
- Peace of God/Goddess
- Personal Empowerment and Sovereignty
- Physical Health and Well-Being
- Planetary Healing
- Realizing Your Full Potential
- Rejuvenation and Immortality

Living in the Golden Age Video 5

- Releasing Your History and Past
- Self Love, Acceptance, Worth and Appreciation
- Service
- Simplifying Your Life
- Spiritual Health and Well-Being
- Success/Deserving to Succeed
- Surrender
- Synchronicity
- Transparency, Neutrality and Detachment
- Trusting Self, Spirit and Others

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The Elohim are the great beings and energetic counterparts to Angels that work with translating the energies of the un-manifested reality of the VOID into the material, manifested plane of reality. Practical Mastery™ and Crystalline Rainbow Reiki™ are two of the most important energy healing modalities I have downloaded.

Recommended Use

You may want to keep this book with you throughout the day. I strongly encourage you to look at it several times a day at lease for the first few weeks. A great practice would be to look at the images in the book first thing when you wake up, during your lunch hour and the last thing before you go to bed.

How the Vibrationally Encoded Healing Images and Master Healing Images Work

Each of the vibrationally encoded images in this book are digitally rendered paintings that have many layered energies, frequencies, and 'coding' embedded into them. Basically each of the images is encoded or programmed with certain clearing, healing and enlightenment energies that are indicated in the title of the image. They provide healing in several ways. One way is that a lot of energy is being transmitted through colors. The colors of each image are carefully selected to help promote, enhance and magnify the specific healing required in an image.

The second level of healing of the images comes from their impact on the programming in your brains, minds, neurons and brain chemistry. As you look at the images—the shapes and the color vibrations—you are stimulating and rewiring your brains and minds to clear out a lot of old, outdated subconscious programming, and wiring to bring in higher-level concepts that will support accelerated healing, growth and evolution.

The third level of healing is through *magnetic resonance*. Magnetism is instantaneous and unbounded in potential. The images re-magnetize your brain to attract as much healing and evolution as you can that is aligned with your highest good and spiritual evolution in the NOW. The images respond to the individual and will begin to work in you from your current point of consciousness. As soon as you look at an image, the clearing, restructuring, or awakening begins. The more frequently and the longer that you look at an image, the more deeply it works in you.

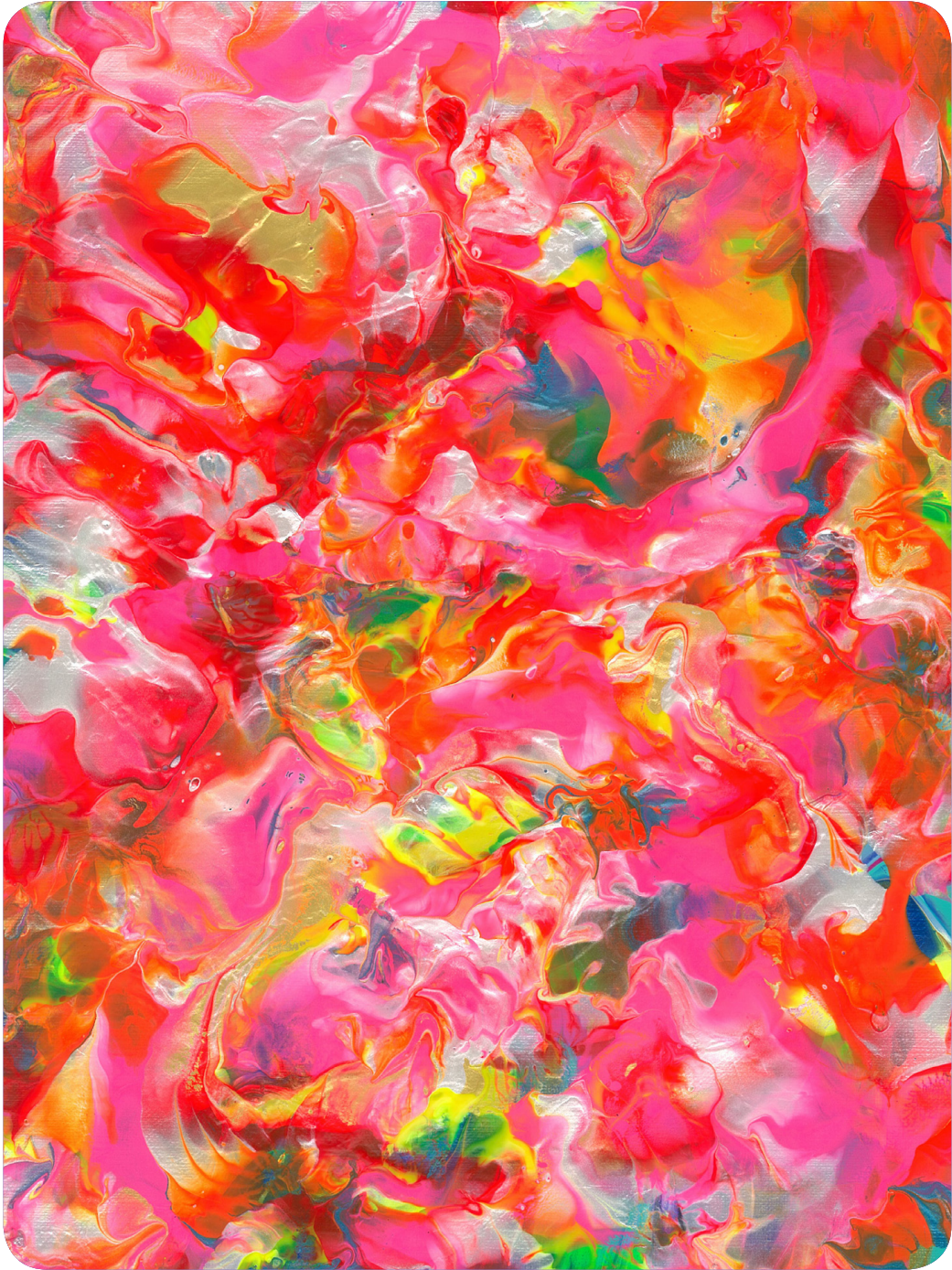
While you do not have to think about the subject matter of the image to benefit from them, you can also work more consciously with them and request specific clearings within their scope. Once the healing frequencies have been integrated, then looking briefly or even a glance at the images can reinforce and deepen them.

You can frame the images, print them in black and white (they still will hold the energy of the color originals), laminate them, reduce them, cut them up or do whatever and the images will still energetically hold the same vibration as the original image. The reason is that we live within a holographic universe and each part of the image is a hologram that contains the vibration of the whole.

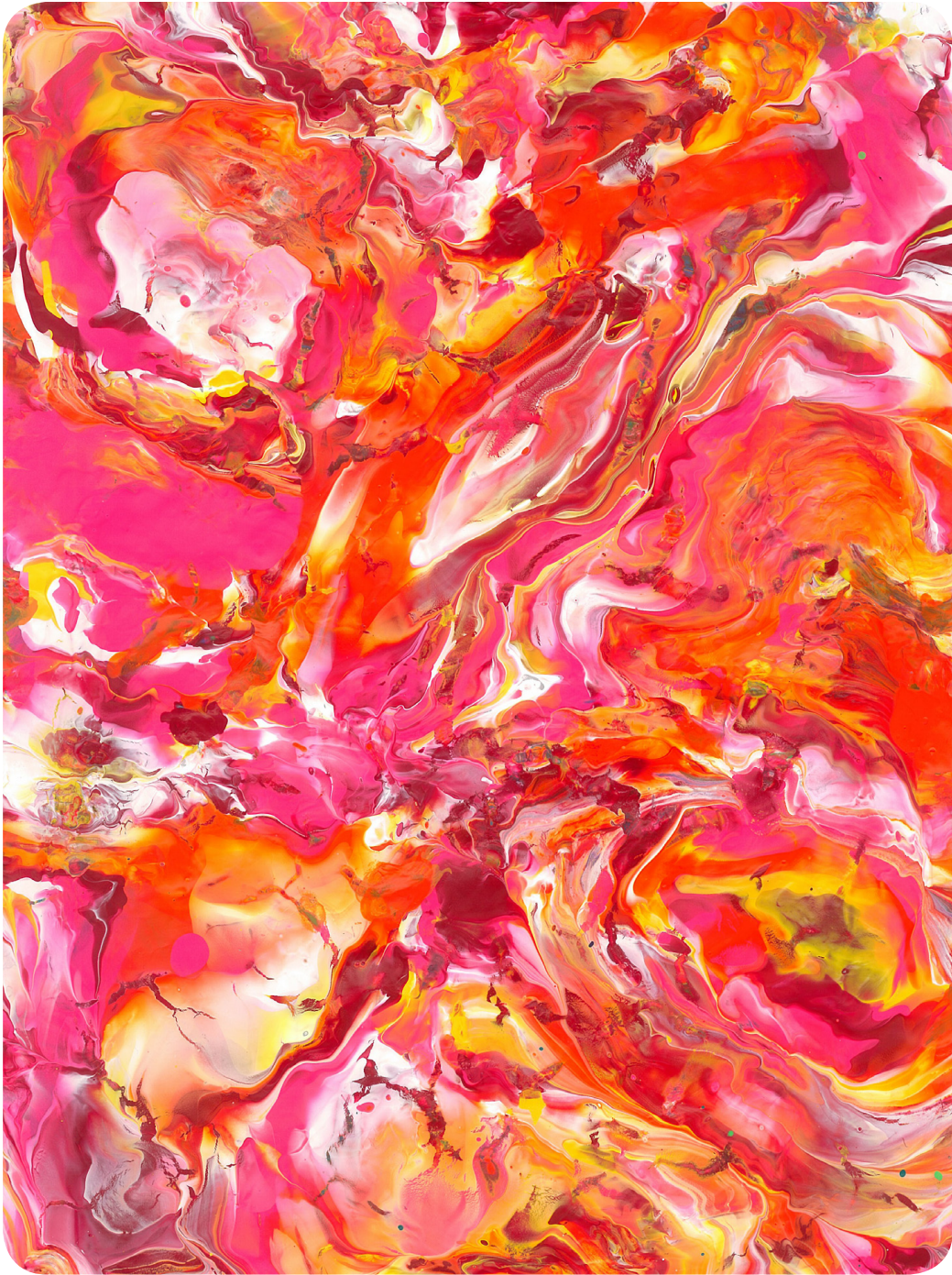
Important Note: Master Healing Images are the most powerful ones because they combine the energies of many images into one. If you have limited time to work with the images, focus on the images with Master Healing Image in the title.



Creator Blessing, Clearing, Transmuting, Healing and Shield Package



Master Healing Image for Trusting and Forgiving Self, Others and Spirit



Master Healing Image for Clearing, Transmuting, Healing, Awakening, Opening, Activating and Evolving Your Multidimensional Heart

About Bill Austin

Bill Austin is a spiritual healer, teacher, artist and visionary living in St Petersburg FL, USA. He has been working with clients full time for over five years now.

He is the author of several spiritual healing books, the founder of the Practical Mastery™ and Angelic Mastery™ healing modalities and the creator of the popular Money Healing Program.

To learn more about Bill and his approach to healing you can view some of his video presentations and activations on YouTube. The url is:

www.YouTube.com/BillAustinArt

Daily Support Program

Most people face the same challenges regardless of age, sex, income or location. Bill designed the Daily Energetic Support Program as a cost effective way to help people in areas like self esteem, stress, abundance, etc. Each day, Bill transmits at least twice a day to all participants in the Daily Energetic Support Program a series of 29 transmissions.

An advertisement for the Daily Support Program. It features a photograph of Bill Austin, a man with a beard and glasses, wearing an orange visor and a white t-shirt with a graphic. He is standing outdoors with a body of water in the background. To the right of the photo is a block of text in various colors (blue, purple, black) that reads: "Having a bad hair day? Get the DAILY SUPPORT you need to succeed, thrive and prosper! Learn more about how YOU CAN BENEFIT from the most powerful, comprehensive and least expensive Spiritual Healing Program Bill Austin offers." At the bottom of the image, the website address "www.BillAustin.net" is written in a stylized font.

Having a bad hair day? Get the DAILY SUPPORT you need to succeed, thrive and prosper! Learn more about how YOU CAN BENEFIT from the most powerful, comprehensive and least expensive Spiritual Healing Program Bill Austin offers.

www.BillAustin.net

www.BillAustin.net

Spiritual Healing Sessions from Bill Austin

The core of Bill Austin's work is around mastery – empowering others to release self sabotage on all levels so that they can realize more of their full potential and begin to create a life that works for them and supports them on all levels.

Healing Blast Sessions (\$9, Bill's most popular line of sessions)

- Money Blasting Session
- Downer Emotions Blasting Session
- Cold/Flu/Fever/Sore Throat Blasting Session
- Enlightenment/Karma Blasting Sessions

Create Your Own (\$60)

- Perhaps the most popular session I offer! Powerful and targeted remote healing sessions to help you clear and heal core soul issues and your major challenges in life.

Practical Mastery™ and Angelic Mastery™ Videos (\$27 each)

- Clearing and Shielding
- Emotional Mastery and Enlightenment
- Angelic Mastery of Emotions and Beliefs
- Angelic Mastery of Your Past

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Healing Elixir Mugs for Abundance, Healing & Enlightenment



Note Cards for Self Love, Thank You and Celebrating Life



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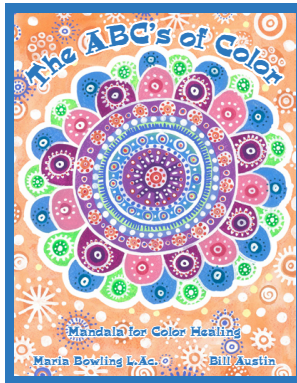
Clearing Negative Electromagnetic Energy Mouse Pad



Feng Shui and Home Protection Magnets, and much more

www.CafePress.com/EnergyHealing

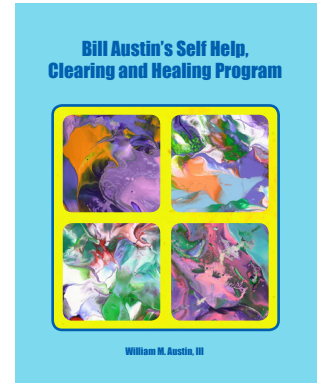
Other Books Authored or Co-Authored by Bill Austin:



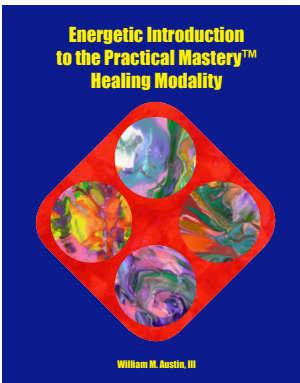
The ABC's of Color (by Maria Bowling and Bill Austin)



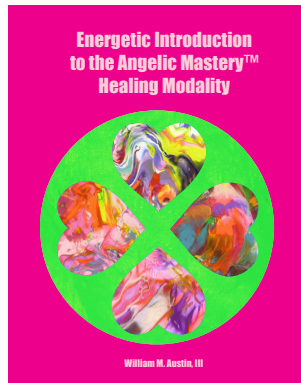
Transform YOUR Relationship with Money



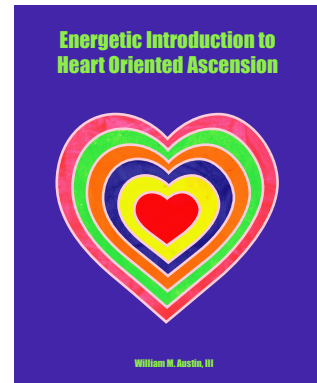
Bill Austin's Self Help, Clearing and Healing Program



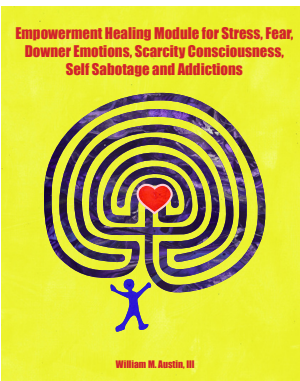
Energetic Introduction to the Practical Mastery™ Healing Modality



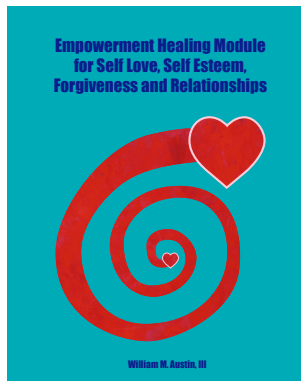
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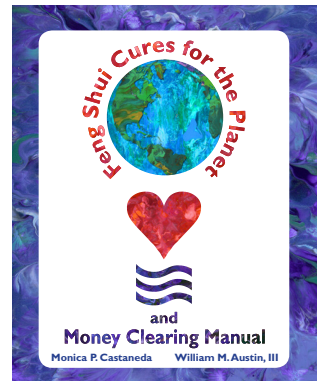
Energetic Introduction to Heart Oriented Ascension



Empowerment Healing Module for Stress, Fear, Downer Emotions, Scarcity Consciousness, Self Sabotage and Addictions



Empowerment Healing Module for Self Love, Self Esteem, Forgiveness and Relationships



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